



RUCHI

INDIAN STREET KITCHEN

SMALL PLATES

Samosa Chaat

Chickpea and potato masala mix, coriander yoghurt sauce, spicy tomato sauce, tamarind
£7 (£6.30 NP)

Cutlet

Aromatic crispy tuna cakes, pickled onions, poppadoms
£7 (£6.30 NP)

Onion Bhaji

Mango chutney, coriander yoghurt, sev, pomegranate (V)
£7 (£6.30 NP)

Kerala Pork Bites

Pickled red onion, cumin rice, toasted coconut (LG)
£7.75 (£6.98 NP)

Malabar Chicken Wings

Kashmiri chilli mayo, lemon (LG)
£7.50 (£6.75 NP)

Spinach, Green Chilli & Coriander Frittata

Coriander yoghurt, salad (V, LG)
£6.75 (£6.08 NP)

LARGE PLATES

Keema Wrap

Spiced slow-cooked beef, spicy tomato and coriander sauce, Asian slaw, masala fries
£13.50 (£12.15 NP)

Dhal Makhani

Flatbread, Asian slaw (V)
£13.50 (£12.15 NP)

Malabar Salmon Kebabs

Cucumber & pineapple raita, toasted cumin seeds, cumin rice, poppadom (LG)
£13.95 (£12.56 NP)

Thaali Sharer (for two)

Kerala pork bites, Malabar wings, butter chicken, salmon kebab, cumin rice, egg, pickled red onions, poppadom (LG)
£27.50 (£24.75 NP)

Butter Chicken

Garlic naan, cumin rice, mango chutney
£14.95 (£13.46 NP)

Gobi Manchurian

Crispy cauliflower, masala fries, Asian slaw, herb yoghurt dressing (V)
£13.95 (£12.55 NP)

SIDES

Asian Slaw

Cabbage, red onion, carrot, grated pineapple, toasted crushed cumin seeds, lemon, and yoghurt (LG, V)
£4.25 (£3.83 NP)

Onion Bhaji

Mango chutney, coriander yoghurt, sev, and pomegranate (V)
£7 (£6.30 NP)

Masala Fries

Chaat masala & paprika seasoning (LG, V)
£4.75 (£4.28 NP)

Cumin Rice Raita & Poppadom

£4.75 (£4.28 NP)
Poppadom, mango chutney
£1.50 (£1.35 NP) each

We follow good hygiene practices in our kitchen, however, due to the wide range of ingredients served, foods may be at risk of cross-contamination as THIS KITCHEN DOES HANDLE NUTS, GLUTEN, SOYA, AND DAIRY PRODUCTS.

If you have any allergies or intolerances - please speak to a member of staff prior to ordering.

1. SCAN the QR code with your phone

2. CHOOSE your food and select your table

3. PAY and wait for your food to arrive!



(VE) Vegan (VEA) Vegan Available (V) Vegetarian (LG) Low Gluten (LGA) Low Gluten Available (DF) Dairy Free (DFA) Dairy Free Available



BRAND STORY

At Ruchi, we live by the Indian saying Atithi Devo Bhava - "Guest is god." This philosophy guides every moment here, where Christo and his talented team- Joby, Umesh, and Rajeevkanth - believe each guest should be welcomed and celebrated as a god. For them, food is more than a meal; it's an invitation to connect, a gesture of respect, and a chance to share the warmth and vibrancy of their South Indian and Sri Lankan heritage with everyone who visits Ffolkes.

Ruchi's menu is inspired by the flavours of Christo's upbringing in Kerala, South India, known as "God's Own Country." Surrounded by lush backwaters, golden fields, and vibrant markets filled with spices, Kerala is a place where food is deeply rooted in culture, celebration, and tradition. Christo, along with Joby, Umesh, and Rajeevkanth, brings Kerala's essence to life with modern twists on traditional dishes, using aromatic spices, fresh ingredients, and family-inspired recipes. Each bite is crafted to give you a taste of Kerala's soul - a celebration of heritage, hospitality, and heartfelt cooking.

RAJEEVKANTH

CHRISTO

UMESH

JOBY



Norfolk Passport prices in brackets.

PIE KITCHEN

PROPER PIE, MASH & GRAVY £16.25 (£14.63 NP)

Wi-Fi Code: thefolkles

1 CHOOSE YOUR PIE



Steak & Ale
topped with roasted beef
(LG)



Chicken, Bacon & Mushroom
stacked with pigs in blankets



Country Vegetable
with Yorkshire pudding & stuffing
(V, VE, LG, DF)



Mushroom, Blue Cheese & Spinach
spiked with crispy stuffed mushrooms
(V, LG)

SIDES

- Mushy Peas £4.25 (£3.83 NP) (LG, DF, V, VE)
- Brown Butter Winter Greens £4.50 (£4.05 NP)
- Cauliflower & Broccoli Cheese £5 (£4.50 NP) (LG)
- Honey-Roasted Root Vegetables £4.50 (£4.05 NP) (LG, DF, V)

2 ADD MASH

Buttery (LG, VEA); Blue Cheese (LG)
Truffle (LG, VEA); Smoked Garlic (LG, VEA);
Smoked Bacon (LG)

3 ADD GRAVY

Beef (LG, DF)
Vegetable (LG, DF, V, VE)



FFOLKES DESSERTS

APPLE & CINNAMON CRUMBLE SUNDAE

Apple and cinnamon compote, vanilla ice cream, custard, homemade crumble, apple crisps

£8.25 (£7.43 NP)

WARM CINNAMON ROLL PUDDING

Vanilla ice cream, crushed Daim bar, cinnamon sugar (V)

£8.25 (£7.43 NP)

BLUEBERRY & LEMON PIE

Vanilla ice cream, toasted meringue pieces

£8.25 (£7.43 NP)

WARM BUTTERSCOTCH FONDUE TO SHARE

With sweet treats to dip (shortbread, popcorn, marshmallow, churros, etc.)

£12.75 (£11.48 NP)

DEEP DISH SNICKERS PIE

Salted peanuts, butter candy, chocolate syrup (V)

£8.00 (£7.20 NP)

HOT CHOCOLATE FUDGE SUNDAE

Whippy, vanilla & chocolate ice cream, hot fudge sauce, cookie crunch & whipped cream (V)

£8.25 (£7.43 NP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BRUNCH	BRUNCH	BRUNCH	BRUNCH	BRUNCH	BRUNCH	BRUNCH
7.30am-1pm	7.30am-1pm	7.30am-1pm	7.30am-1pm	7.30am-1pm	7.30am-12pm	7.30am-11am
GUAC & MOLE & PIE KITCHEN	RUCHI & PIE KITCHEN	OISHII & PIE KITCHEN	GUAC & MOLE & PIE KITCHEN	OISHII	OISHII	PIE FEAST
5pm-8.30pm	5pm-8.30pm	5pm-8.30pm	5pm-8.30pm	5pm-8.30pm	1pm-8.30pm	12.30pm-6pm
						RUCHI & PIE KITCHEN
						6pm-8pm

FEAST TIMETABLE

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