Beef Cutlet

Aromatic beef and potato cakes, fried and served with pickled carrots, red onions, lemon and mango mayo (LG, DF) £7.25 (£6.53 NP)



SMALL PLATES

Curly Kale Chaat

Lightly battered kale topped with sweet yoghurt, mint, tamarind, tomato sauce, pomegranate and sev (LG, V, VEA) £7 (£6.30 NP)

Cauli "65"

Crispy fried cauliflower florets, cooked in a bold tomato sauce (DF, V, VE) £7 (£6.30 1)

Sri Lankan Tempered Prawns

Grilled marinated prawns tossed in a bold Sri Lankan-style sauce with peppers, chilli, spring onions, curry leaves and Paan (garlic bread) (DF, LG) £7.75 (£6.98 11)



NIBBES

Two Poppadoms with mango chutney and yoghurt dip (LG, DFA, V) £2.50 (£2.25 PP)



Dragon Chicken Lollipop Marinated chicken drumsticks, fried and smothered in a mild spicy tomato sauce (LG, DF)

£7.95 (£7.16 📭)

Kerala Pork Vindaloo

Slow-cooked pork shoulder with Ruchi's special masala, garlic and ginger, topped with coconut, curry leaf and fennel seeds (LG, DF) £7.95 (£7.16 NP)



SIDES

Masala Fries, with Mango Mayo £5 (£4.50 🔤)

Rice and Raita (LG, V) £4.75 (£4.28 🖭)

2 Poppadoms with Mango **Chutney and Yoghurt Dip** (LG. DFA. VEA. V) £2.50 (£2.25 1)

Garlic Naan (V) £4.75 (£4.28 1)

Chilli Cheese Naan, Paneer, cream cheese and cheddar mix (V) £5.25 (£4.73 NP)

Aloo Paratha

with Date Pickle and Yoghurt Dip (Roti stuffed with an aromatic potato mix) £4.50 (£4.05 NP)

ADD CREAMY BUTTER
CHICKEN
SAUCE (VEA)
TO ANY SIDE





Wi-Fi Code: theffolkes

Norfolk Passport Price

Ruchi's Butter Curries

CHOOSE FROM: Chicken ♦ Paneer ♦ Vegetable

A rich, creamy, mildly spiced curry in a buttery tomato sauce. Served with naan, rice and mango chutney (VA, LGA) £15.75 (£14.18 NP)

Palak Curries

CHOOSE FROM: Chicken & Paneer & Aloo

A bright green spinach-based curry with onions, garlic, ginger and spices. Served with naan, rice and mango chutney (LGA, V) £15.50 (£13.95 11)

LARGE PLATES

Tadka Dhal

Split chickpeas and spinach tempered with cumin seeds, garlic, onion, tomato and turmeric. Served with rice and poppadom (DF, LG, V, VE) £13.75 (£12.38 12)

Kerala Biriyani

CHOOSE FROM: Chicken Vegetable

Fragrant rice layered with slowcooked chicken or vegetables and

Kerala's iconic spice mix. Served with raita, poppadom and date pickle (LG, V) £15.75 (£14.18 NP)

Coconut Dhal

Creamy Sri Lankan red lentils simmered in coconut milk, infused with garlic, curry leaves and Ceylon spices. Served with rice and poppadom (DF, LG, V, VE) £13.75 (£12.38 12)

Malabar Salmon Curry

A tangy, spicy fish curry from the Malabar Coast of Kerala, made with garlic, ginger, chilli powder and turmeric. Served with rice and poppadom (DF, LG) £15.50 (£13.95🕎)

Seabass Pollichatu (Parcel)

Seared seabass fillet smothered in shallot and coconut masala, wrapped and baked. Served with naan, rice and raita (DFA, LGA) £14.95 (£13.45 NP)

Ruchi's Special Beef Curry & Kerala Parotta Chunks of beef stewed in a roasted spice mix, served with flaky Kerala flatbread (DF) £14.95 (£13.45 NP)

Jaffna Chicken Flatbread

Crispy fried chicken, mango mayo, curry sauce and salad on a flatbread, with masala fries (DF) £14.50 (£13.05 NP)

PLATTERS Mixed Thali Sharing Platter

Butter chicken, pork vindaloo, salmon curry, palak paneer, naan, mango chutney, rice and raita (LGA) £35 (£31.50 NP)

Vegetarian Thali Sharer

Palak paneer, vegetable makhani, tadka dhal, Cauli "65", naan, mango chutney, rice and raita (V, LGA) £30 (£27 NP)

£9.50 (£8.55№)

INCLUDES A MAIN MEAL, DRINK & DESSERT

Any of the dishes in this section

CHOOSE YOUR MAIN

CHOOSE YOUR DRINK

Apple juice / Orange juice / Milk / Orange or Blackcurrant squash

Mr Whippy ice cream with your choice of sauce: Chocolate / Toffee / Strawberry

FFOLKES UPGRADE FOR £2.50:

Chocolate Deluxe: Whippy, chocolate fudge brownie chunks, chocolate sauce and a wafer

Fizzy Wizzy: Whippy, fizzy sweets, bubblegum sauce, candy floss and a wafer

CHOOSE YOUR MAIN

- Miniature butter chicken or vegetable curry with mini naan and rice (LGA)
- Crispy fried chicken burger with fries and salad (DF)
- Chicken, potato & cheese "nuggets" with fries, salad and cucumber sticks (LG)
- Vegetable spring rolls with rice or fries and tangy tomato dip (VE, V, DF)
- ♦ Stuffed Cheese Naan, creamy curry sauce and fries



We follow good hygiene practices in our kitchen, however, due to the wide range of ingredients served, foods may be at risk of cross-contamination as THIS KITCHEN DOES HANDLE NUTS, GLUTEN, SOYA, AND DAIRY PRODUCTS.

If you have any allergies or intolerances please speak to a member of staff prior to ordering.







