



NP

Norfolk Passport
prices in brackets.

**TUESDAYS,
FRIDAYS &
SUNDAYS**
5PM-8.30PM



NIBBLES

Two Poppadoms
with mango chutney and
yoghurt dip (LG, DFA, V, VEA)

£3.25 (£2.93^{NP})



COCKTAILS

Mango Mojito
£10.75 (£9.68^{NP})

Masala Mojito
£10.75 (£9.68^{NP})





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SMALL PLATES

Dragon Calamari

Crispy squid, tossed and finished in a Sri Lankan-style tomato sauce with peppers (LG, DF)

£7.75 (£6.97 )

Cauliflower Popcorn

Chilli, lime and curry leaf glaze (LG, DF, VE, V)

£8.00 (£7.20 )

Beef and Potato Bhaji

Fried beef and potato bhaji, tangy tomato sauce, spring onions and pickled chilli (LG, DFA)

£8.25 (£7.43 )

Malabar Pork Bites

Slow-cooked shoulder of pork, tossed in a Kerala pepper-and-fennel masala with curry leaves, served with carrot and onion pickle (LG, DF)

£8.75 (£7.88 )

Ruchi Full-Size Tandoori Street Wings

Sumac onion, mint yoghurt and salad (LG, DFA)

Four Wings £8 (£7.20 ),
Eight Wings £15 (£13.50 )





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SMALL PLATES

CONTINUED

Crispy Mackerel Fish Cutlets

Served with Ruchi's aromatic tomato sauce and crispy curry leaf (LGA, DFA)

£8.25 (£7.43 )

Tikka Nibbles

Choose from chicken or paneer, marinated in Ruchi-style tikka masala and baked in a traditional oven, served with pickled chilli, coriander and a creamy roasted red pepper sauce

(LG, V)

£8.00 (£7.20 )

Grilled Prawn Salad

King prawns marinated in mild spices, served with cucumber, sumac onion, pomegranate salad, and a garlic and herb dressing (LGA, DFA)

£9.00 (£8.10 )



SIDES

Masala Fries with Mango Mayo (LGA, DF, V, VEA)

£5.50 (£4.95 NP)

Garlic Masala Green Beans (V, VE, DF, LG)

£4.50 (£4.05 NP)

Ruchi's Creamy Cucumber & Carrot Salad (V, VE, LG)

£4.75 (£4.28 NP)

**2 Poppadoms with Mango Chutney
and Yoghurt Dip** (LG, DFA, VEA, V)

£3.25 (£2.93 NP)

**Pineapple Slaw with red cabbage, red onion,
pineapple, cumin and coriander** (LG, V)

£4.75 (£4.28 NP)

Garlic Naan (V)

£5.25 (£4.73 NP)

**Garlic Cheese Naan, Garlic, cheddar
and mozzarella mix** (V)

£5.75 (£5.18 NP)

Ruchi Special Peshwari Naan

Homemade naan filled with ground almonds,
coconut, pistachios and cardamom (V)

£6.50 (£5.85 NP)

ADD MASALA SAUCE (VEA)
TO ANY SIDE

£2 (£1.80 NP)





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LARGE PLATES

Ruchi's Tikka Masala

Chicken, paneer or vegetables tossed through Ruchi's classic spiced tomato sauce. Served with homemade naan, aromatic rice and mango chutney (LGA, V)

£16.00 (£14.40 )

Coconut Salmon Curry

Fresh salmon cooked in a light coconut cream sauce, served with aromatic rice, green beans, a poppadom, a pineapple salad and coconut sambol (DF, LG)

£16.00 (£14.40 )

Dhal Palak

Creamy coconut dhal with red lentils and spinach. Served with aromatic rice and a poppadom (LG, V, DF, VE)

£13.50 (£12.15 )

Add chicken or pork for **£3.75 (£3.38 )**

Egg Hopper Florentine

Rice pancakes, aromatic spinach, two poached eggs, Ceylon hollandaise and coconut sambol (LG, V)

£14.50 (£13.05 )



LARGE PLATES

CONTINUED

Keema Beef Burger

Ruchi-style beef keema burger with mango mayo, garlic sauce, cheese, salad, and tomato, served in a bun or on a plain naan bread

£16.00 (£14.40 )

Jaffna Chicken Flatbread

Crispy fried chicken, mango mayo, cheese, curry sauce and salad on a flatbread, served with pineapple slaw and masala fries (DFA)

£16.00 (£14.40 )

Grilled Seabass & King Prawn Salad

Blakeney mixed leaves, cucumber, carrot, sumac onions, pomegranate, crushed poppadom and naan (DFA)

£16.00 (£14.40 )

Ruchi's Coastal Thali Rice Bowl

A street-style aromatic rice bowl topped with pork, grilled prawns, dhal, carrot and cucumber

salad, and a poppadom (LGA, DF)

£17.50 (£15.75 )





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PLATTERS

Mixed Thali Sharing Platter

Chicken tikka masala, Malabar pork, coconut salmon curry, dhal palak, mango chutney, two pots of rice, poppadoms and naan bread. (LGA)

£42.50 (£38.25 )

Vegetable Thali Sharer

Vegetable tikka masala, paneer tikka bites, cauliflower popcorn, dhal palak, garlic naan, mango chutney, two rice pots and poppadom (V, LGA)

£36.00 (£32.40 )





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LITTLE FFOLKES FEAST

INCLUDES A MAIN MEAL, DRINK & DESSERT

£9.75 (£8.78 ) 12 AND UNDER

CHOOSE YOUR MAIN

Any of the dishes in this section

- ♦ Miniature chicken or vegetable tikka masala with rice and mini naan (LGA)
- ♦ Crispy fried chicken burger with cucumber sticks and fries (DF)
- ♦ Miniature keema beef burger with cucumber sticks and fries (DF)
- ♦ Stuffed cheese naan with tikka masala sauce and fries

CHOOSE YOUR DRINK

Apple juice / Orange juice / Milk /
Orange or Blackcurrant squash

CHOOSE YOUR DESSERT

Mr Whippy ice cream with your choice of sauce:
Chocolate / Toffee / Strawberry

FFOLKES UPGRADE FOR £2.50:

Chocolate Deluxe: Whippy, chocolate fudge brownie chunks, chocolate sauce and a wafer

Fizzy Wizzy: Whippy, fizzy sweets, bubblegum sauce, candy floss and a wafer